# **Andrew Young**

Professor of Psychology and Counseling (26 yrs., Ret.) Hostage (Crisis) Negotiator, Lubbock Police Dept., Lubbock County Sheriff's Office, Texas Dept. of Public Safety

#### **EDUCATION**

- Ed.D. Counselor Education. August, 2003. Texas Tech University. Lubbock, Texas.
- M.Ed. Community Counseling. August, 1999. Texas Tech University. Lubbock, Texas.
- M.S. Youth and Family Ministry. May, 1995. Abilene Christian University. Abilene, Texas.
- B.A. Bible. May, 1993. Lubbock Christian University. Lubbock, Texas.

#### PROFESSIONAL EXPERIENCE

- Lubbock Police Department. Lubbock, Texas. Victim Services Crisis Team Member, Trainer, and Coordinator, (May, 2000 present).
- Lubbock Police Department. Lubbock, Texas. S.W.A.T. Negotiating Team Member and Psychological Consultant. (July, 2000 present).
- Lubbock Sheriff's Office. Lubbock, Texas. S.W.A.T. Negotiating Team Member and Psychological Consultant. (August, 2008 present).
- Texas Department of Public Safety. Texas Rangers Region 5. S.W.A.T. Negotiating Team Member and Psychological Consultant (January, 2017 present).
- Lubbock Christian University. Lubbock, Texas. Professor, Psychology and Counseling (Spring, 1996 2022). Coordinator for Criminal Justice program, (Fall, 2003 fall, 2005). Coordinator for Psychology program, (Fall, 2005 2022).
- Amarillo Police Department. S.W.A.T. Negotiating Team Psychological Consultant (January, 2017 present).
- Texas Tactical Police Officers Association. Board Member (Advisor). Fall, 2023 present).
- Texas Association of Hostage Negotiators (1000+ members). Board Member (Advisor). (Fall, 2016 Fall, 2023).
- Lubbock Police Department. Lubbock, Texas. Clinical Director Critical Incident Stress Management Team (May, 2003 present), Team Member, (July, 2000 present).

- Lubbock Fire Department. Lubbock, Texas. Clinical Director Critical Incident Stress Management Team (August, 2003 present).
- South Plains Critical Incident Stress Management Team. Lubbock, Texas. Clinical Director, (May, 2001 present).

## **BOOK PUBLICATIONS**

- McMains, M., Mullins, W., and Young, A. (In Press). Managing Critical Incidents and Hostage Situations in Law Enforcement and Corrections. 6<sup>th</sup> Ed. Routledge Publishing, New York, NY.
- Young, A. (2020). When Every Word Matters: An Insider's View of Crisis Negotiations. eGen. Chambersburg, PA.
- Young, A. (2015). Fight or Flight: Negotiating Crisis on the Front Line. eGen. Chambersburg, PA.

## **ACADEMIC PUBLICATIONS**

- Young, A., Perez, C., Pierpoint, B. (2020). Police Response to the Armed and Suicidal. *Journal of Police and Criminal Psychology*.
- Young, A. (2019). Psychological Consultants in Hostage and Crisis Negotiations. *Crisis Response Journal*, 14 (3), p. 79.
- Young, A. (2019). Suicide and Self-Harm Intervention and Management Strategies. *The SAGE Encyclopedia of Criminal Psychology*.
- Young, A. (2019). Crisis Intervention Teams. *The SAGE Encyclopedia of Criminal Psychology*.
- Young, A., Hennington, C., & Eggleston, D. (2018). US SWAT Operator Experience, Personality, Cognitive-Emotion Regulation and Decision-Making Style. *Policing: An International Journal*, 41 (2), pp. 247-261.
- Young, A. (2016). Police Hostage (Crisis) Negotiators in the US: A National Survey. *Journal of Police and Criminal Psychology*, 31 (4), pp.310-321.
- Young, A. (2012). The effectiveness of cumulative stress debriefings with law enforcement personnel. *International Journal of Emergency Mental Health*, 14 (1), pp.37-44
- Young, A., Brumley, N. (2009). On-scene mental health services: A case study of the Lubbock Police Department's Victims Services Crisis Team. *FBI Law Enforcement Bulletin*, 78(9), pp. 6-11.

- Galyean, K. D., Wherry, J. N., & Young, A. T. (2009). Valuation of services offered by mental health professionals in SWAT team members: A study of the Lubbock, Texas SWAT team. *Journal of Police and Criminal Psychology*, 23(1), pp. 1-8.
- Young, A., Fuller, J., & Riley, B. (2008). On-scene mental health services provided through police departments. *Journal of Mental Health Counseling*, Vol. 30, pp. 345-361.
- Young, A. (2006). Providing Mental Health Resources for a Police Department After Two In-the-line-of-duty Deaths (Videotape). Lubbock, TX: Texas Tech University Health Sciences Center Healthnet.
- Young, A., Parr, G. (2004). An Examination of the Effectiveness of Periodic Stress
  Debriefing with Law Enforcement Personnel. In G. Walz and R. Yep (Eds.), *Vistas:*Perspectives on Counseling (pp. 145-152). Greensboro, North Carolina: CAPS Press.
- Young, A. (2004) Critical Incident Stress Management Programs for Emergency Medical Services (Videotape). Lubbock, TX: Texas Tech University Health Sciences Center Healthnet.

#### **BOOK CONTRIBUTIONS**

Weiss, J. (2020). The Book of Real World Negotiations: Successful Strategies from Business, Government, and Daily Life. Wiley Book Publishers: Hoboken, NJ.

## **POPULAR PUBLICATIONS**

- Cyr, K. & Young, A. (2023). Throwing Out the Crystal Ball: The Use of Mental Health Professionals in Critical Incidents. Tactical Edge, Winter, 2023.
- Young A., & Yansick, M. (2022). The Advantages and Dangers of Face-to-Face Crisis Negotiations in Today's Police Environment. Tactical Edge, Summer 2022.
- Young, A., and Pierpoint, B. (2019, Winter). Facilitating a Face-Saving Surrender, *The Tactical Edge*, pp. 44-48.
- Young, A., and Hennington, C. (2017, Winter). Comparing Traits of SWAT Operators, Negotiators and Patrol Officers, *The Tactical Edge*, pp. 40-49.
- Young, A. (2016, Winter). National SWAT Survey Resiults. *Command, The Journal of the Texas Tactical Police Officers Association*, 20 (1), pp. 20-15.
- Young, A. (2016, November). Police Hostage (Crisis) Negotiators in the US: Result Highlights from a National Survey. *The Police Chief, International Association of Chiefs of Police, Online. November, Online.* Retrieved from <a href="http://www.policechiefmagazine.org/police-hostage-crisis-negotiators-in-the-us-result-highlights-from-a-national-survey/">http://www.policechiefmagazine.org/police-hostage-crisis-negotiators-in-the-us-result-highlights-from-a-national-survey/</a>

#### SOLICITED BOOK ENDORSEMENTS

Sgt. Kevin Briggs, California Highway Patrol (ret.). (2015). Guardian of the Golden Gate: Protecting the Line Between Hope and Despair.

## RECENT ACADEMIC AND PROFESSIONAL PRESENTATIONS

- Missouri Association of Hostage Negotiators, 8-hour Training. St. Louis, MO. December 13<sup>th</sup>, 2023.
- New York Police Department, Hostage Negotiator Conference. Plenary Speaker. *Negotiating* with a Psychotic Cop Killer, Debrief. New York, NY. November 30<sup>th</sup>, 2023.
- Wisconsin Department of Corrections Conference. Keynote and Breakout Speaker. *Deescalation Techniques, Negotiating with Different Psychiatric Conditions, and Debriefs from a Hostage Negotiator.* Appleton, WI. October 16<sup>th</sup> & 17<sup>th</sup>, 2023.
- Texas Association of Hostage Negotiators Conference. Plenary Speaker, *Negotiating with the Psychotic Cop Killer, Debrief,* and *Negotiate Like You Will See Them Again: A Psychiatric Odyssey* Arlington, TX. October 12<sup>th</sup>, 2023.
- California Association of Hostage Negotiators Conference. Plenary Speaker, *Negotiate Like You Will See Them Again: A Psychiatric Odyssey*. Burbank, CA. September 27<sup>th</sup>, 2023.
- Midwest Association of Hostage Negotiators Conference. Plenary Speaker, *Negotiating with a Psychotic Cop Killer, Debrief.* Columbus, OH. September 6<sup>th</sup>, 2023.
- Federal Bureau of Prisons, Hostage Negotiator Training, 8-hours. Iowa. August 24th, 2023.
- Crisis Intervention Teams International Conference. From Line-Of-Duty Death Notification to Three Years Later: The Cost of Empathy. Detroit, MI. August 15<sup>th</sup>, 2023.
- Indiana Association of Hostage Negotiators Conference. Plenary Speaker, *Establishing Your Kill Line*, and *Negotiate Like You Will See Them Again*, *Debrief*. Bloomfield, IA. August 9<sup>th</sup>, 2023.
- Louisiana Association of Hostage Negotiators Conference. Plenary Speaker, *Negotiating with a Psychotic Cop Killer, Debrief.* Baton Rouge, LA. June 13<sup>th</sup>, 2023.
- Florida Association of Hostage Negotiators Conference. Plenary Speaker, *Callout Debriefs*, *Applications*, *and Lessons Learned*, Clearwater Beach, Florida. June 6<sup>th</sup>, 2023.
- Illinois Association of Hostage Negotiators Conference. Plenary Speaker, *Negotiating with a Psychotic Cop Killer, Debrief.* April 27<sup>th</sup>, 2023.

- Arizona Tactical Officers Association, Crisis Negotiator Conference and Competition. Plenary Speaker and Competition Judge, *Negotiating with the Psychotic and Other Psychiatric Conditions*, April 25<sup>th</sup> & 26<sup>th</sup>, 2023.
- Public Agency Training Council and the International Association of Hostage Negotiators. 8-Hour Plenary Speaker, *Negotiator Competencies and Callout Debriefings*, Las Vegas, Nevada. April 24th, 2023.
- Baltimore County Hostage (Crisis) Negotiator Conference. *Negotiating with a Psychotic Cop Killer, Debrief.* Baltimore, MD. March 7<sup>th</sup>, 2023.
- McCormack, I. G., Thoen, M. A., Fortner, M. L., Piña-Watson, B., Trejos-Castillo, E., Young, A. T., Willhelm, J. P., & Snodgrass, M. (2023, March). What Do They Want?: How Law Enforcement Officers Respond to Wellness Programs. Annual conference of the American-Psychology Law Society, Philadelphia, PA.
- Fortner, M., Thoen, M., Brady, M., Ziemba, C., Pina-Watson, B., Trejos-Castillo, E., Young, A., Bergen, S., Willhelm, J., & Snodgrass, M. (March, 2022). *A Law Enforcement Comprehensive Wellness Program: One Year Post-Implementation*. Poster Session, American Psychology-Law Society. Denver, Colorado.
- Zaru, R., Mashburn, P., Ceniceros, R., Nguyen G., Manzo, G., Pina-Watson, B., Thoen, M., Willhelm, J., Snodgrass, M., Burgen, S., & Young, A. (November, 2021). *Review of a Comprehensive Wellness Program for Police: Participatory Action Research Qualitative Approach.* American Society of Criminology. Chicago, Illinois.
- National Conference on Police Social Work. 2-Hour Keynote Speaker. *The Use of Mental Health Professionals Within Police Departments*. Bloomington, IN. October 20<sup>th</sup>, 2021.
- Texas Association of Hostage Negotiators. *Negotiator Competencies and Callout Debriefs*. October 7<sup>th</sup>, 2021.
- Iowa Association of Hostage Negotiators, 2-Hour Plenary Speaker. *Negotiating with Subjects in Psychiatric Crisis and Debriefs as Examples*. September 21<sup>st</sup>, 2021.
- International Association of Chiefs of Police. *The Use of Psychological Consultants on Crisis* (Hostage) Negotiating Teams. (2-Hour Webinar), September 12<sup>th</sup>, 2021.
- Tampa Area Negotiator Competition, 2-Hour Plenary Speaker. *Negotiator Competencies and Callout Debriefs*. September 2<sup>nd</sup>, 2021.
- Brady, M. S., Thoen, M. A., Willhelm, J. P., Snodgrass, M., Piña-Watson, B., Trejos-Castillo, E., & Young, A. (2021, August). *Implementing a peer support and wellness program with the Lubbock Police Department*. Poster accepted for presentation at the Annual Convention of the American Psychological Association.

- Western States Hostage Negotiators Association, 2-Hour Plenary Speaker. *Facilitating a Face-Saving Surrender*. May 4<sup>th</sup>, 2021.
- Crisis Negotiators of Oklahoma, 2-Hour Plenary Speaker. *Negotiator Competencies and Negotiating with the Empathy Impaired.* April 14<sup>th</sup>, 2021.
- Central North Carolina Negotiator Network Annual Training Conference, (3-Hour Webinar). *Negotiator Competencies and Negotiating with the Empathy Impaired.* April 12<sup>th,</sup> 2021.
- Crisis Intervention Teams Conference Texas Chapter, 2-Hour Plenary Speaker. *Mental Health Partnerships at the Lubbock Police Department*. April 10<sup>th</sup>, 2021.
- Public Agency Training Council and the International Association of Hostage Negotiators. 8-Hour Plenary Speaker, *Negotiating with Different Psychiatric Conditions, Negotiating with the Suicidal, and Callout Debriefings as Examples.* Las Vegas, Nevada. March 29th, 2021.
- Wisconsin Association of Hostage Negotiators, 4-Hour Plenary Speaker. *Negotiator Competencies, Influence and Persuasion, and Operational Examples*. March 17<sup>th</sup> and 18<sup>th</sup>, 2021.
- National Tactical Officers Association, Crisis Negotiator Conference (4-Hour Webinar), *Negotiating with the Empathy Impaired*, November 17<sup>th</sup>, 2020.
- International Association of Chiefs of Police, (2-Hour Webinar). *Police Response to the Armed and Suicidal*, October 23<sup>rd</sup>, 2020.
- Orlando Police Department Hostage Negotiator Training. 3-hour Plenary Speaker. *Crisis Negotiator Competencies*, September 25<sup>th</sup>, 2020.
- International Law Enforcement Training Summit (Webinar), *Crisis Intervention Training for Officers*. July 27<sup>th</sup> 31<sup>st</sup>, 2020.
- Seton Hall Law School, Course in Negotiations. 1-hour Plenary Speaker. *Hostage (Crisis) Negotiations and Mental Health Professionals*. Via Skype. February 8<sup>th</sup>, 2020.
- South Plains Emergency Medical Services Conference. *Crisis Intervention Skills*. Lubbock, Texas, February 1<sup>st</sup>, 2020.
- Thirtieth Annual Crisis Negotiation Competition. Competition Judge, and Conference Presenter: *Negotiator Callouts: What Worked and What Didn't*. San Marcos, Texas. January 14th 17th, 2019.
- Seton Hall Law School, Course in Negotiations. *Hostage (Crisis) Negotiations and Mental Health Professionals*. Via Skype. February 8<sup>th</sup>, 2020.

- New York Police Department. 2-hour Opening Plenary Speaker. *Negotiating with the Empathy Impaired*. December 6<sup>th</sup>, 2019.
- New York State Police. 2-hour Plenary Speaker. *Negotiating Strategies and Skills for Negotiating with the Suicidal.* November 7<sup>th</sup>, 2019.
- Minnesota Corrections Association. 3-hour Plenary Speaker. *Crisis Intervention Skills and Examples for Correctional Officers*. October 25<sup>th</sup>, 2019.
- Kansas Association of Hostage Negotiators. *Negotiation Callout Debriefings*, *Negotiating with the Empathy Impaired, and Psychiatric Conditions and Negotiation Strategies*. 8-hour presentation for Basic Negotiator School. October 23<sup>rd</sup>, 2019.
- Michigan Association of Hostage Negotiators. 2-hour plenary speaker. *Successful Negotiations and Facilitating a Face-Saving Surrender*. Ann Arbor, Michigan. October 16<sup>th</sup>, 2019.
- Engage and Excel Conference. Panel Participant: Trauma, Stress, and Treatment for Law Enforcement Professionals. Austin, Texas. September 27<sup>th</sup>, 2019.
- Choctaw Nation: Navigating Mental Health and Substance Abuse Through Counseling, Law Enforcement and the Judicial Process. *Crisis Intervention Skills and Mental Health Professionals and Law Enforcement Working Together*. Durant, Oklahoma. Sept. 24<sup>th</sup>, 2019.
- Calgary (Canada) Association of Hostage Negotiators. 2-hour Plenary Speaker. *Callout Debriefs*, *Skills Review, and Coping with Bad Callouts*. Calgary, Canada. Sept. 17<sup>th</sup>, 2019.
- Rocky Mountain Association of Hostage Negotiators. 2-hour Plenary Speaker. *Negotiating with the Empathy Impaired and Having a Psychological Consultant on a Hostage Negotiating Team.* Copper Mountain, CO. September 11<sup>th</sup>, 2019.
- National Sheriff's Association Conference. *Crisis Intervention Skills and Callout Review: How to Talk to the Mad, Bad, and Sad.* Louisville, KY. June 15<sup>th</sup>, 2019.
- New York Association of Hostage Negotiators. 2-Hour Plenary Speaker. *Negotiating* with Suicidal Subjects: A Case Study Analysis. Buffalo, NY. May 23<sup>rd</sup>, 2019.
- Scotland National Basic Negotiator Course. *Negotiating with Jumpers: Case Study Analyses*. Edinburgh, Scotland. May 9<sup>th</sup>, 2019.
- Western States Hostage Negotiator Association. 2-Hour Plenary Speaker. *Coping with Bad Callouts, Skills Review and Callout Debriefing as Example.* Spokane, WA. April 8<sup>th</sup>, 2019.

West Texas Counseling Association. Panel Discussion Moderator: Law Enforcement and Mental Health Professionals Working Together. March 22<sup>nd</sup>, 2019.

Louisiana Association of Crisis Negotiators. 4-Hour Plenary Session. *Coping with Bad Callouts, Skills Review and Callout Debriefing as Example.* Baton Rouge, LA. March 14<sup>th</sup>, 2019.

## PROFESSIONAL CREDENTIALS

Licensed Professional Counselor – Board Approved Supervisor

Nationally Certified Counselor

Certification in Eye Movement Desensitization and Reprocessing

Texas Commission on Law Enforcement – Certified Basic Instructor

International Critical Incident Stress Foundation - Basic, Peer, Advanced, and Train-the-Trainer